

# THYME OIL

SUPPORTS HEALTHY IMMUNE AND DIGESTIVE SYSTEMS!



Thyme Oil is one of the most antiseptic essential oils. It also may be beneficial in helping to overcome fatigue and exhaustion.

Known since ancient times as a medicinal herb, thyme contains large amounts of thymol. Use to energize mind and bring clarity of direction.

Thyme Oil is an ingredient in one of my favorite massage oils - Ortho Ease. It is great to soothe muscles before or after exercise!